

# DIPLOMA

## INTERNATIONAL RUNNING CHALLENGE



Finisher

# Kees van der Heul

Nº

Race Number

320



Place

103

Sex



Timings

| Race Name           | Distance | Time     |
|---------------------|----------|----------|
| Adventure Run       | 10 km    | 00:46:54 |
| Ridge Run           | 13 km    | 01:09:53 |
| Beach Run           | 5 km     | 00:26:24 |
| La Vuelta de Tinajo | 21 km    | 01:48:49 |



Overall Time

04:11:57



Date

27-30  
November 2016

*Kenneth Gasque*

Race Director



10KM | 13KM | 5KM | 21KM